



Week 30, beginning 22nd April 2019 – ‘A’ week

Sports Fixtures

Monday	Tuesday	Wednesday	Thursday	Friday
		Year 9 Football Vs Oakgrove Home Year 7 Boys Badminton Vs Oakgrove Away Year 7 Girls Badminton Vs Oakgrove Away Under 14s Girls Badminton Vs Oakgrove Away		





Sports Results

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>U18 Football Vs Bushey Sports Won 3 – 1</p> <p>U14 Boys Badminton Vs Webbers Lost 0-7</p>		



School Menu

Week Beginning 22nd April 2019

WEEK THREE

MAIN PLATE £2.30

THE VEG PLATE £2.30

LIGHT BITES £1.90
OR AS A LARGE MAIN PLATE FOR £2.30

PASTA POT
MEDIUM £1.80 LARGE £2.20

1 POT MEAT →
NON MEAT →
BASE →
SAUCE →
£2.30

HOT BREAD
PIZZA £1.30 WRAPS £2.30

CUCINA BASIC 60P

PUD £1.20 HOT >
COLD >

CLASSIC FAVOURITES MONDAY	eastern TUESDAY	Great BRITISH WEDNESDAY	SOUTHERN style THURSDAY	FISH and CHIP FRIDAY
BEEF & PEPPERONI BOCCONINI LASAGNE <small>GARLIC BREAD, GARDEN SALAD OR STEAMED BROCCOLI</small>	KUNG PAO CHICKEN <small>PRAWN CRACKERS & SWEET CHILLI DIP</small>	ROAST GAMMON <small>YORKSHIRE PUDDING, STUFFING & SEASONAL VEG, PAN GRAVY</small>	FERNANDOS CHICKEN IN A BUN <small>SPICY WEDGES, BBQ BEANS & COLESLAW</small>	GINGER BEER BATTERED FILLET OF FISH SALMON FISHCAKE <small>CHIP SHOP SPECIALS</small>
SPINACH & RICOTTA CANNELONI <small>GARLIC BREAD, GARDEN SALAD OR STEAMED BROCCOLI</small>	NASI GORENG <small>PRAWN CRACKERS & SWEET CHILLI DIP</small>	MACARONI CHEESE BAKE <small>ROASTED VEG OR GARDEN SALAD</small>	CAJUN GRILLED HALLOUMI BURGER <small>SPICY WEDGES, BBQ BEANS & COLESLAW</small>	CHEESY POTATO PANCAKES <small>CHIP SHOP SPECIALS</small>
PIZZETTA <small>SALAD</small>	PATATAS BRAVAS <small>SPICY MEATBALLS</small>	CHICKEN STIR FRY	CARBONARA BAKE	CHICKEN BIRIYANI
SIMPLE TOMATO PASTA CHEF'S SPECIAL PASTA	SIMPLE TOMATO PASTA CHEF'S SPECIAL PASTA	SIMPLE TOMATO PASTA CHEF'S SPECIAL PASTA	SIMPLE TOMATO PASTA CHEF'S SPECIAL PASTA	SIMPLE TOMATO PASTA CHEF'S SPECIAL PASTA
HONEY FRIED CHICKEN	FISH FINGERS	REGGAE CHICKEN	CRISPY CHILLI BEEF	POPCORN CHICKEN
SWEETCORN FRITTERS	MOZZARELLA BITES	SWEET POTATO BITES	SHOESTRING CARROTS	CAULIFLOWER PAKORA
VEGETABLE RICE	DICED POTATOES	RICE N PEAS	ASIAN NOODLES	SWEET POTATO FRIES
SWEETCORN JAM SAUCE	SWEET CHILLI SAUCE	SPICY REGGAE SAUCE	SWEET CHILLI SAUCE	CAJUN SAUCE
MARGHERITA PIZZA PEPPERONI PIZZA	CHICKEN WRAP BAR	MARGHERITA PIZZA BBQ CHICKEN PIZZA	SOUTHERN FRIED CHICKEN WRAP BAR	MARGHERITA PIZZA HAM PIZZA
MINI BROWNIE SAVOURY POPCORN	MINI FRUIT JELLY CHEESE STRAWS	SHORTBREAD MINI MINI MUFFIN	CHOCOLATE STRAWS MINI FLAPJACK	MINI COOKIE NACHOS BAG
APPLE & BLACKBERRY CRUMBLE	AMERICAN STYLE CREPE BAR <small>TOPPINGS</small>	LEMON CURD SPONGE	APPLE PIE TACO	STICKY TOFFEE PUDDING
ICE CREAM VAN <small>TOPPINGS</small>	CHERRY CHOCOLATE MOUSSE	KEY LIME PIE	CHOCOLATE BROWNIE TORTE	CUCINA SUNDAE

TRY OUR HOME MADE SOUP
WITH *breakly* baked bread: £1

FREE SCHOOL MEALS
CHOOSE ANY 2 items
(BUT NOT 2 CAKES!) AND PAY NOTHING EXTRA

breakly made
14 INCH PIZZA
TO SHARE OR TAKE HOME < ORDER NOW >

TAKE HOME A TAKE AWAY
2 PORTIONS OF TODAY'S HOT SELECTIONS COLLECT BEFORE YOU GO HOME

LESS THAN 300 calories
WHERE YOU SEE THIS SIGN

watch out for our POP-UP PRODUCTIONS
BRINGING YOUR FAVOURITE FOOD TO YOU

ALL OF OUR DELI RANGE
OF SANDWICHES, SALADS AND DESSERTS ARE FREELY MADE TO ORDER

WE ONLY EVER SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MILK ARE FREE RANGE. OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. OUR COFFEE AND CHOCOLATE ARE FAIR TRADE. WE ARE COMMITTED TO HELPING TAKE CARE OF OUR PLANET AND REDUCE REUSE AND RECYCLE WHENEVER POSSIBLE. ALL OF OUR FOODS ARE PREPARED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT. IF YOU HAVE SPECIAL DIETARY REQUIREMENTS, PLEASE SPEAK TO OUR EXECUTIVE CHEF WHO WILL BE HAPPY TO FIND SOMETHING SUITABLE.

