WEEKLY DIARY WEEK 38 (8 JULY - 12 JULY)



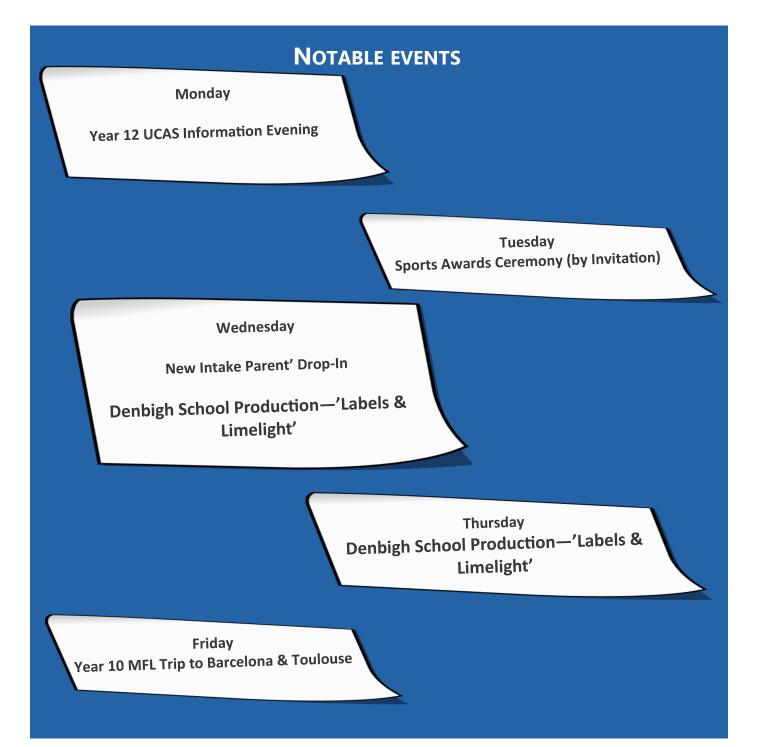
SPORTS FIXTURES

Wednesday

Year 10 Rounders v SHLA (A)

Thursday

Year 7 Girls Cricket Tournament



SPORTS RESULTS (1 JULY – 5 JULY)

SCHOOL MENU

CLASSIC	HOT & HEARTY		VIBES		5 111		
CLASSIC MAIN MEALS VEGETARIAN MAIN MEALS							
MONDAY	MONDA	MONDAY Roast Stuffed Peppers filled with Quinoa Roasted Tomatoes & Feta Cheese (V)		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta Bar – Your Choice of Tomato & Pesto, Pepperoni or Alfredo Sauce with Crunchy Toppings				Mozambique Peri Peri Chicken	Yaroa Dominican - Minced Beef & Pepper Loaded Wedges	Gnocchi with Mushrooms, Spinach & Pest topped with Crispy Onions & Shaved Cheese (V)	Manager's Special
TUESDAY	TUESDA	TUESDAY					
Lebanese Chicken & Tomato Curry, Pila Rice & Fattoush Salad		Aubergine & Chickpea Curry, Pilau Rice & Fattoush Salad (VE)					
WEDNESDAY	WEDNESD	WEDNESDAY				N.	
Roast Shoulder of Pork, Crisp Roasties Roasted Roots & Gravy	Beans Wellington, Cris	Roasted Butternut Squash & Edamame Beans Wellington, Crisp Roasties & Gravy (VE)		Rally			
THURSDAY	THURSDA	THURSDAY					
Mexican Birria Beef Stew with Cilantro Lime Rice		Mexican Style Vegetarian Chimichanga & Black Bean Salad (V)		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FRIDAY	FRIDAY FRIDAY		Moroccan Cous	Vegan Bean &	Indian Spiced	The Big Plant	Vegan Singapor
Chip Shop 'Fryday', Fish, Pizza or Fishcake with Chips , Peas & Tartare Sauce	I Flatbread, Harissa Hour	l Beetroot Bhaji & Wilted Spinach I Flatbread, Harissa Houmous & Minted Yoghurt(V)		Jalapeno Burrito (VE)	Rice & Paneer Bowl (V)	Burger (VE)	Noodles (VE)
	DESSERTS						
MONDAY TUESDAY Y	FEDNESDAY THURSDAY	FRIDAY	TRATI	FORIA	All Co of	h a 0 🧐	X
	onge & Sponge & Managers				ang) 💮 🛰
FRUIT 2. YOGHURT POTS AVAILABLE DAILY			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOMEMADE SOUP & JACKET POTATOES FRESHLY BAKED BREAD Topped with a Choice of: Cheese,		Tomato & Basil Pasta	Manager's Special Pasta	Mozzarella & Tomato Pizza Or Spicy Sausage Pizza	Manager's Special Pasta	Mozzarella & Tomato Pizza Or Piri Piri Chicken Pizza	