


<p><b>Year:</b> <b>12/13</b></p> <p><b>Subject:</b> <b>BTEC</b></p> <p><b>National</b></p> <p><b>Diploma</b></p>	<p><b>Curriculum Intent:</b> The content of this qualification has been developed in consultation with academics to ensure that it supports progression to higher education. Employers and professional bodies have also been involved and consulted to confirm that the content is appropriate and consistent with current practice for learners who may choose to enter employment directly in the sport sector.</p> <p>The mandatory content allows students to concentrate on the development of their practical skills and the broad knowledge required for entrance into higher education programmes in sport.</p> <p>Learners will study six mandatory units over 2 years, as well as 3 centre prescribed additional units:</p> <p>Year 1</p> <ul style="list-style-type: none"> <li>• Unit 1: Anatomy and Physiology</li> <li>• Unit 2: Fitness Training and Programming for Health, Sport and Well-being</li> <li>• Unit 7: Practical Sport</li> <li>• Unit 8: Coaching for Performance</li> </ul> <p>Year 2</p> <ul style="list-style-type: none"> <li>• Unit 3: Professional Development in the Sports Industry</li> <li>• Unit 4: Sports Leadership</li> <li>• Unit 6: Sports Psychology</li> <li>• Unit 22: Investigating Business in the Sport and Active Leisure Industry</li> <li>• Unit 23: Skill Acquisition in Sport.</li> </ul> <p>Units have been designed to support progression to a variety of sport courses in higher education, and to link with relevant occupational areas. This allows learners to choose either; a specific specialist area in which they wish to develop their skill or continue a broad programme of study.</p> <p>Core Mandatory externally assessed units (Units 1 and 2) taken in year 1, to enable a retake opportunity in year 2.</p>				
<p><b>Unit 4 Sports Leadership</b></p>	<p><b>Term 1</b></p> <p><i>Learning Aim A</i></p> <p><i>Learning Aim B</i></p>		<p><b>Term 2</b></p> <p>Learning Aim C</p>	<p><b>Term 3</b></p>	
<p><b>Topic Titles (in order of delivery)</b></p>	<p>A: Understand the roles, qualities and characteristics of an effective sports leader</p>	<p>B: Examine the importance of psychological factors and their link with effective leadership</p>	<p>C: Explore an effective leadership style when leading a team during sport and exercise activities</p>		
<p><b>Key knowledge / Retrieval topics</b></p>	<p>A1 Roles required in sport and exercise activities or environments / Job Descriptors of each role</p>	<p>B1 Psychological factors that could impact on leadership B2 Leadership and psychological factors</p>	<p>C1 Effective leadership, expectations of effective leadership. C2 Practical skills / types of leadership styles C3 Practical evidence of leading</p>		

	<p>A2 Key Leaders in sport / key qualities / characteristics of leaders / application of skills</p> <p>A3 Importance of different leadership roles</p>		<p>C4 Evaluate the effectiveness and impact of leadership style</p>		
<p><b>Understanding / Sequence of delivery</b></p>	<p>A1 Different leadership roles</p> <p>A2 Skills, qualities, characteristics and application</p> <p>A3 Importance and effective use of skills, qualities and characteristics when leading</p>	<p>B1 Internal / External psychological factors and their importance</p> <p>B2 Learners are required to show clear knowledge and understanding of what effective leadership looks like and what forms this can take.</p>	<p>C1 Expectations of leadership</p> <p>C2 Practical skills required for different leadership styles</p> <p>C3 Leading a sport and exercise activity</p> <p>C4 Effectiveness and impact of leadership on a sport and exercise activity</p>		
<p><b>Assessment</b></p>	<p>A.P1 Discuss the skills, qualities and characteristics of three different leadership roles in different sport and exercise activities or environments.</p> <p>A.P2 Explain the importance of skills, qualities and characteristics in the leadership role in different sport and</p>	<p>B.P3 Discuss how key psychological factors may affect sports leadership within different sport and exercise activities or environments.</p>	<p>C.P4 Demonstrate a chosen leadership style, using appropriate skills when leading a team during a sport and exercise activity.</p> <p>C.P5 Review the impact of own leadership style on the performance of the team during the sport and exercise activity.</p>		

	exercise activities or environments.				
	A.M1 Analyse the importance of skills, qualities and characteristics in the leadership role in different sport and exercise activities or environments.	B.M2 Analyse key psychological factors that may affect sports leadership within different sport and exercise activities or environments.	C.M3 Demonstrate a chosen leadership style, using effective skills when leading a team during a sport and exercise activity. C.M4 Analyse your chosen leadership style and the impact of it on team performance, considering own strengths and areas of weakness.		
	A.D1 Evaluate the impact of skills, qualities, characteristics on sports leadership in different sport and exercise activities or environments.	B.D2 Evaluate the impact of key psychological factors on sports leadership in different sport and exercise activities or environments.	C.D3 Justify your leadership style and its impact on team performance, suggesting alternative leadership styles that could be used to improve team performance.		